

Surgical Techniques to Manage Benign and High-Risk Breast Disease: How I Do It

Thursday, May 2, 2019

7:00 AM-3:30 PM

COURSE MODERATORS: Toan Nguyen, MD and Theresa Schwartz, MD

FACULTY: Zahraa Al-Hilli, MD; Debbie Bennett, MD; Jessica Bensenhaver, MD; Julie Margenthaler, MD; Toan Nguyen, MD; Jennifer Racz, MD; Theresa Schwartz, MD; Alyssa Throckmorton, MD; Stephanie Valente, DO; Aislinn Vaughan, MD

COURSE DESCRIPTION:

This course will review current management of benign and high-risk breast disease, indications for surgery, and when percutaneous or nonsurgical management is appropriate. Benign breast diseases can be extremely challenging in our daily practice, especially with the mainstream use of 3D mammography technology which detects benign and high-risk abnormalities at a higher rate. Through didactic lectures, case presentations, and video demonstrations, this course will also address the technical aspects of performing procedures involved in surgical management of benign breast disease.

COURSE OBJECTIVES:

At the conclusion of this course, participants should be able to:

- Understand the management of breast infections and breast abscesses, including surgical and percutaneous approaches for optimal results
- Determine when indeterminate and/or high-risk lesions require further evaluation, and discuss strategies for tissue excision
- Recognize pathologic nipple discharge, understand when to operate and what operation to perform
- Understand different surgical treatments for gynecomastia based on breast volume and shape
- Understand management strategies for cyclical and noncyclical breast pain
- Understand recommended treatments for granulomatous mastitis and diabetic mastopathy

CME Information

The American Society of Breast Surgeons designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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PRELIMINARY AGENDA

7:00 AM-7:25 AM	Registration and Breakfast	
7:25 AM-7:30 AM	Welcome and Introduction	Theresa Schwartz, MD
	Indeterminate and High-Risk Lesions on Needle Core Biopsy	
7:30 AM-8:00 AM	Management of Papillary Lesions and Radial Scars Discovered on Core Biopsy: Which Ones Need to Be Excised?	Julie Margenthaler, MD
8:00 AM-8:30 AM	Atypias: When to Observe, Operate, or Excise Percutaneously	Jessica Bensenhaver, MD
8:30 AM-9:00 AM	LCIS: When to Observe, Operate, Excise Percutaneously, or Medically Manage	Courtney Vito, MD
9:00 AM-9:30 AM	Breast Radiologist Perspective: What Imaging Characteristics are More Suspicious for Malignancy?	Debbie Bennett, MD
9:30 AM-10:00 AM	Panel Q&A	
10:00 AM-10:30 AM	Break	
	Surgical Management of Symptomatic Benign Conditions	
10:30 AM-11:00am	Gynecomastia: Surgical Techniques Based on Breast Volume and Shape	Theresa Schwartz, MD
11:00 AM-11:30 AM	Pathologic Nipple Discharge: Surgical Techniques for Identifying and Resecting the Symptomatic Lesion	Aislinn Vaughan, MD
11:30 AM-12:00 PM	Management of Breast Infections and Abscesses: When and How to Employ Percutaneous and NonPercutaneous Techniques and Selection of Optimal Antibiotic Therapy	Stephanie Valente, DO
12:00 PM-12:10 PM	Management of Fibroepithelial Lesions: When to Observe, Excise, or Ablate	Jennifer Racz, MD
12:10 PM-12:30 PM	Panel Q&A	
12:30 PM-1:30 PM	Lunch	
	Nonoperative Management of Benign Conditions	
1:30 PM-2:00 PM	Techniques to Reduce Seromas and Optimal Postoperative Management	Toan Nguyen, MD
2:00 PM-2:30 PM	Breast Pain: A Step-wise Approach to Management of Noncyclical and Cyclical Breast Pain	Alyssa Throckmorton, MD
2:30 PM-3:00 PM	Evidence-based Strategies for Managing Granulomatous Mastitis and Diabetic Mastopathy	Zahraa Al-Hilli, MD
3:00 PM-3:30 PM	Panel Q&A	Faculty