

Sustainability in Breast Surgery: Combating Physician Burnout

Wednesday, May 1, 2019

1:00 PM – 5:00 PM

COURSE MODERATORS: Kelly Hunt, MD and Ted James, MD

FACULTY: Henry Kuerer, MD, PhD; Kelly Hunt, MD; Ted James, MD; Catherine Tucker, MD

COURSE DESCRIPTION:

Burnout manifests with a wide variety of physical and cognitive symptoms that have profound effects on both the personal and professional lives of affected individuals. About 1 in 3 surgical oncologists and general surgeons meet criteria for burnout. This course will educate breast surgeons about the problem of burnout, its signs and symptoms, and strategies to prevent and manage burnout.

COURSE OBJECTIVES:

At the conclusion of this course, participants should be able to:

- Identify and utilize tools to assess burnout
- Identify strategies to maintain personal wellness and professional satisfaction
- Discuss organizational approaches to reduce physician burnout

CME Information:

The American Society of Breast Surgeons designates this live activity for a maximum of 3.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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PRELIMINARY AGENDA

1:00 PM-1:15 PM	Welcome and Introduction	Kelly Hunt, MD
1:15 PM-1:45 PM	Review of ASBrS Wellness and Burnout Survey Data	Ted James, MD
1:45 PM-2:00 PM	Tools for Assessing Burnout: When and How	Kelly Hunt, MD
2:00 PM-2:15 PM	Break	
2:15 PM-2:45 PM	A Systems Approach to Addressing Professional Burnout	Henry Kuerer, MD, PhD
2:45 PM-3:30 PM	Testimony: Finding Joy in Medicine and Personal Wellness Strategies for Surgeons	Catherine Tucker, MD
3:30 PM-4:15 PM	Developing a Physician Wellness Program	TBD
4:15 PM-5:00 PM	Q&A Discussion	Faculty Panel
