



Challenges and Considerations in Lactation for Breast Care Providers

Wednesday, April 29, 2020

8:00 AM-12:00 PM

COURSE MODERATOR: Katrina B. Mitchell, MD, IBCLC, FACS

FACULTY: Anne Eglash, MD, IBCLC; Katrina B. Mitchell, MD, IBCLC, FACS;
Helen Johnson, MD

COURSE DESCRIPTION:

This breastfeeding medicine course will review all aspects of lactation relevant to breast care providers. Topics include interventions in obstructive and inflammatory conditions such as mastitis and abscess; nipple areolar complex pathology; benign masses during lactation; and, managing the intersection of breast cancer and breastfeeding. We also will present a "lactation primer" and provide attendees with breastfeeding reference tools and patient education material that can be utilized in clinic on Monday.

COURSE OBJECTIVES:

At the conclusion of this course, participants should be able to do the following:

- Describe approaches to effectively managing obstructive and inflammatory conditions in lactation, including plugging, mastitis, abscess, phlegmon, and galactocele
- Review appropriate interventions for complications that affect the lactating nipple areolar complex, including trauma, subacute mastitis, blebs, and vasospasm
- Discuss the unique management of benign masses in lactation, as well as the management of breast cancer and breastfeeding
- Review basic principles of lactation applicable to breast care and surgical practice, as well as access reference tools and patient education material for clinical settings

CME Information:

The American Society of Breast Surgeons designates this live activity for a maximum of 3.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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PRELIMINARY AGENDA

7:30 AM-8:00 AM	Check-in and Breakfast	
8:00 AM-8:05 AM	Welcome and Introduction	Katrina Mitchell, MD, IBCLC
8:05 AM-8:35 AM	Medical and Surgical Management of Plugging, Mastitis, Abscess, Phlegmon, and Galactocele	Katrina Mitchell, MD, IBCLC
8:35 AM-9:05 AM	Nipple Areolar Complex: Trauma, Subacute Mastitis, Blebs, Vasospasm, Dermatitis, Bloody Discharge, Miscellaneous	Anne Eglash, MD, IBCLC
9:05 AM-9:35 AM	Benign Masses, Breast Pain, and Other Complaints: Lactating Adenoma, Fibroadenoma, Hamartoma, IGM, Accessory Breast Tissue, Dependent Edema, Prominent Lymph Nodes, Dermatitis	Helen Johnson, MD
9:35 AM-9:45 AM	Q&A	
9:45 AM-10:00 AM	Break	
10:00 AM-10:30 AM	Lactation Primer: Lactogenesis I-III, Engorgement, Nipple Pain, Positioning and Latch, Managing Low Production, Managing Hyperlactation, Pump Tips, Milk Storage, Induced Lactation, Weaning, Common Lactation Myths	Anne Eglash, MD, IBCLC
10:30 AM-11:00 AM	Breastfeeding and Breast Cancer: Managing Lactation for Patients with a History of Breast Cancer or a New Diagnosis While Breastfeeding	Helen Johnson, MD
11:00 AM-11:30 AM	Take Home Points, Resources, and Questions: Electronic Patient/Provider Handouts, Key Manuscripts, Breastfeeding Societies and Online Physician Resources, World Breastfeeding Month, and Marketing to Referring Providers	Katrina Mitchell, MD, IBCLC
11:30 AM-12:00 PM	Discussion and Challenging Cases Submitted by Participants	Katrina Mitchell, MD, IBCLC Anne Eglash, MD, IBCLC Helen Johnson, MD
12:00 PM	Adjourn	
